

*Mara Ziegler*

*Head Mentor – State College Area*

I was a TNT participant for two Disney events (2006 Half and 2007 Full) and have been the Head Mentor for the State College area team ever since. Previous to Summer '05 I had never participated in any type of endurance event. My father is a lymphoma (large, diffuse B cell) survivor and I believe that TNT fundraising is the main reason my dad is still around and doing so incredibly well. I have completed 6 Half Marathons (hopefully #7 in Pittsburgh May '09), a 15K and 1 Full Marathon using both a run/walk interval and a pace walk program. I have attended 3 additional TNT events as moral support for my TEAM. My husband, Tim, has also been a TNT participant and our two daughters have been the most amazing cheerleaders. They are determined to be future TNT participants when old enough.