

**Chris Gibson**  
***Head Run/Walk Coach***



I became involved with Team in Training in 1993, as a participant with my patient hero Bryce Mareski, who was a fellow ultra marathoner. We ran the New York City Marathon together, finishing in just under 3 hours. Bryce is still living due to the great resource that Team In Training brings to the research table.

I became the Head Coach of the chapter in January 1998, and have been attending over 30 Team In Training marathons, helping over a thousand runners and walkers reach their personal goals.

Personally I have completed over 175 marathons and ultra marathons, with a best time of 2:35 in a marathon. I am a certified coach since 1999 and I hold a masters degree in Exercise Physiology from Virginia Tech (1984). I currently manage a fitness center in Pittsburgh. We hold a fundraiser every year at our club (18 years), "The Indoor Triathlon" in November, that raises money for Team In Training. We have raised close to \$90,000.

I love working with individuals that are taking their challenges to the next level.