

Marsha Kanski

Assistant Walk Coach

I started with Team In Training (TNT) as a walk participant for the 2001 Disney full marathon and then became a walk mentor the following season. I learned about TNT through my sister, Amy, and brother-in-law, Kevin, who were participants and mentors with TNT in 2000 when I joined and are still a big part of the TEAM.

I have finished the Walt Disney World full marathon 3 years (2001, 2002, 2004), PF Chang's Rock 'n' Roll Arizona half marathon in January 2005, and the Disney half marathon in 2006. I became a walk coach for TNT in fall of 2005. I coached the walk team at the Nike Women's Marathon in San Francisco in October 2005, the JASR 1/2 marathon for 3 years (2005, 2006, 2007) and also the Disney 1/2 marathon in January 2007.

I have found many rewarding things being part of the TEAM, some of which are:

- Actually completing a marathon is a huge thrill and accomplishment!
- Meeting patients and their families and hearing their stories which are so touching. It still amazes me what tough times they are going thru and they continue to thank US for doing what we do. It really touches me to know they are so appreciative and they are the ones going thru the hardest times!
- Meeting so many amazing people with the TEAM season after season. We have a great group of staff,

mentors and coaches. And meeting new participants and hearing their stories is so great. I have made many life-long friends thru this TEAM.

- Coaching is also very rewarding. Helping participants thru trainings and their events is so rewarding. It is great to see them finish and feel great about it, like I did the first time I did an event.

I hope many more will join Team In Training to find it is one of the most rewarding experiences you will have in your lifetime! GO TEAM!