

SPRING & SUMMER SEASON REGISTRATION NOW OPEN

Our athletes have walked away with new friends, amazing accomplishments and the sense that they did something even more important than getting in good shape. As the largest endurance sports training program in the world, we will provide you with **the experience of a lifetime.**

Spring Season

Training starts in November, Events in April/May

***Disney Princess Half Marathon Weekend**, February 26, 2012

***Rock'n'Roll Marathon de Madrid**, April 22, 2012

Country Music Marathon & Half Marathon, April 28, 2012

***St. Anthony's Triathlon**, April 29, 2012

BMO Vancouver Marathon & Half Marathon, May 6, 2012

* **National FLEX Event**

Summer Season

Training starts in February, Events in May/June

Cellcom Green Bay Marathon & Half Marathon, May 20, 2012

Rock'n'Roll San Diego Marathon & Half Marathon, June 3, 2012

America's Most Beautiful Bike Ride, June 3, 2012

Sign up today!

Call our office at **(800) 261-7399** to register over the phone or **register online** (*Only available for select Spring Season events*) so you can get a head start on your fundraising! Additionally, all alumni who sign up for an event will receive the Alumni Loyalty Discount and a reduced registration fee which would apply towards your fundraising. Contact TNT staff for online registration alumni discount code.

Refer-A-Friend Credit

Refer a friend to join Team In Training and receive a \$100 fundraising credit after they recommit. Research shows success with those who join with a friend are more likely to succeed than those that join alone. Who do you know that you could share the experience of Team In Training with?

VOLUNTEER OPPORTUNITY

Interested in a spring or summer event? Kick-start your fundraising by volunteering at the upcoming Brava Women's Expo in Madison!

When: Saturday & Sunday, November 19th-20th
10:00 PM - 4:00 PM

Where: Alliant Energy Center
1919 Alliant Energy Center Way, Madison, WI 53713

How: Volunteer shifts are two hours long.
We need two people per shift.
Each person will receive **\$25 fundraising credit/shift.**

Sign up to volunteer! Spots are limited! <http://www.signupgenious.com/go/tntbrava>

Mission Moment

Lindsay (Wenzel) Lopez grew up in New Berlin, WI. A 1997 graduate of New Berlin Eisenhower High School. She married Jason Lopez and they had a daughter, Olivia (9). They were the typical American family- just working, living life and having fun. On September 21, 2009 all that changed. Lindsay was diagnosed with Acute Lymphoblastic Leukemia. Thus began a journey that nobody ever prepares for...

Please read more of Lindsay's story **[HERE](#)**.

TNT welcomes Karen and Gene Wenzel (Lindsay's Parents) as they train with the TEAM for the 2012 Disney Princess Half Marathon.

TNT Social Media



TNT DISCOUNTS

Looking for LLS-branded items? Take advantage of special offers provided by LLS's Team In Training sponsors and partners!

- LLS EStore
- TNT Visa Cards
- Nuun
- Road Runner Sports
- Fuel Belts
- T Mat Pro

[Find more information HERE!](#)
Happy Shopping!!

HOW CAN YOU STAY INVOLVED?

Remember your coaches, teammates, honored heroes, event cheerleaders and crossing that finish line?! TNT asks that you help share your great experience with others and we ask you to help us give the same great experience to our current and future teams! Please consider staying involved in one of many way!

- Work a water stop at one or more group training sessions
- Become a mentor/coach
- Talk with others about your TNT experience by working at an organized call night for TNT prospects.
- Tell others your TNT story at an informational meeting.
- Plan a social event for next seasons TNT participants.
- Distribute TNT information at local races and events.
- Help plan an honored teammate party and or an alumni reunion for TNT.
- Host a corporate information meeting in my office to help recruit participants.
- Sign up for another event and bring a friend with you
- Help solicit local businesses to donate food, water and other items for TNT events.

Support current TNT participant fundraisers! View upcoming events on our [TNT Web Site-Participant Fundraisers](#).

Please contact [TNT Staff](#) to let us know what you would like to do to stay involved with the TEAM!

Coming together is a beginning. Keeping together is progress. Working together is success.~Henry Ford

Thank you to our Wisconsin TNT Sponsors!

