



Team Captain Application

Please complete the following form and fax or mail to:
The Leukemia & Lymphoma Society
Attn: Team in Training
404 BNA Drive, Suite 102
Nashville, TN 37217
Fax: 615-331-2941

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____ Email: _____

Which events have you completed through TNT? _____

Who is/was your TNT Coach & Mentor/Team Captain? _____ Did you meet your fundraising minimum? _____

Have you been a TNT Mentor/Team Captain before? _____ When? _____ Did you attend at least 75% of trainings? _____

Were you able to contact your assigned participants each week? _____

I am interested in serving as a Team Captain for the following event:

- Country Music Marathon & Half Marathon **Sport:** Run Walk
 St. Anthony's Triathlon Disney's Princess Half Marathon Weekend
Team : Nashville Knoxville Chattanooga Murfreesboro Williamson County

Team Captains are a vital part in giving our participants the best TNT experience possible. Please initial by each requirement indicating that you are able and willing to perform these duties:

_____ I have read the Team Captain Program Description

_____ Pay a \$50 registration fee

_____ Make reminder phone calls prior to information meetings

_____ Attend at least 2 information meetings, in addition to the kick-off

_____ Work with other Team Captains to implement a fundraising fair at kick-off

_____ Place a welcome telephone call to your assigned participants within 24 hours of receiving their information from staff

_____ Complete a checklist of tasks for each assigned participant within their first 2 weeks on the team

_____ Conduct one-on-one fundraising meetings with each assigned participant within the first month

_____ Communicate weekly with your assigned participants via e-mail or phone

_____ Attend at least 75% of official Group Trainings

_____ Host a mid-week run/walk/ride or invite participants to join you on your regular training one day a week

_____ Assist coaches in implementing group trainings, including setting up water stops, marking routes, sweeping routes, etc.

_____ Communicate weekly with TNT staff regarding progress of your assigned participants

_____ Raise funds for The Leukemia & Lymphoma Society (select one option below):

- I will pledge to raise the required minimum to receive participant event weekend benefits. I will be eligible to receive a Team Captain discount as described in the program description materials.
 I will forego event weekend benefits and pledge to raise funds with no required minimum. These funds will be forwarded to TNT staff to be used as participant incentives.

_____ Submit Recommitment paperwork to TNT staff according to the specified timeline

_____ Attend a **mandatory** Team Captain orientation.