



## 2010 TRIATHLON COACHES WANTED

The Leukemia & Lymphoma Society (LLS)'s Team In Training (TNT) program is the largest sports endurance training program in the nation. This year alone, TNT will train over 39,000 people to complete an endurance event, while helping to find a cure for leukemia, lymphoma, Hodgkin's disease and myeloma. The MN Chapter is seeking triathlon coaches for the 2010 Summer and Fall Seasons. The position of TNT Coach is a contracted seasonal consultant position that provides coaching services to participants of all athletic abilities, while they raise funds for LLS.

### 2010 Seasons:

- **Summer Season (2-3 Coaches Needed):** Train February – July 2010 for the South Maui Triathlon (location subject to change, Olympic distance, approx. 20 participants) and the Life Time Fitness Triathlon (short & Olympic distances, approx. 130 participants)
- **Fall Season (1 Coach Needed):** Train May – September 2010 for The Nation's Triathlon (location subject to change, Olympic distance, approx. 15 participants)

### Duties Include, But are Not Limited To:

- Recruit new participants and assist staff with recruitment efforts.
- Develop short & Olympic distance triathlon daily training schedules for participants at each level: beginner, intermediate and advanced. Eighty percent of TNT participants are beginners.
- Coordinate and/or lead all team training events (3 times/week/Summer Season, 2-3 times/week/Fall Season); provide clear route maps to all participants and mark course as needed.
- Be available during the week, by phone and email, to answer training-related questions.
- Assist staff during event weekend and ensure all team members finish safely. (Coaches attend the event to support participants, and do not compete in the event themselves. Coach travel expenses are covered by LLS.)
- Perform other duties as required.

### Qualifications:

- Commitment to the mission of The Leukemia & Lymphoma Society
- Works well with people of all athletic abilities
- Friendly, outgoing, and energetic personality
- Excellent oral and written communication skills
- Previous TNT experience is preferred, but not required
- Previous coaching experience is preferred, but not required
- Completion of an endurance event(s) required (i.e. Olympic distance triathlon)

### Application Information:

To apply, submit a resume and cover letter by **August 1** to:  
The Leukemia & Lymphoma Society, 8441 Wayzata Blvd., Suite 340, Golden Valley, MN 55426  
Phone: (763) 852-3007, Fax: (763) 545-5926  
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