

CALLING ALL PARTICIPANTS!

MARATHON • HALF-MARATHON • 4-PERSON RELAY • 5K RACE



WHY NOT MARATHON FOR A CURE FOR CANCER?



YOU CAN HELP SAVE LIVES! SATURDAY, OCTOBER 10, 2009 AT THE BALTIMORE MARATHON, HALF MARATHON & TEAM RELAY

For more information contact The
Leukemia & Lymphoma Society at:
(410) 891-1999 or
(800) 242-4572
or E-mail:
megan.myers@lls.org

MARATHON FOR A CURE FOR CANCER

As long as you are going to walk or run the Baltimore Marathon, Half Marathon or Team Relay, why not do it for a great cause – to help cure blood cancers? You can raise money to support vital research and patient service programs provided by The Leukemia & Lymphoma Society and earn some great prizes at the same time! Complete your marathon, half marathon or relay and help cure leukemia - the #1 disease killer of children. All participants raising \$100 or more will receive a Leukemia & Lymphoma Society's Team in Training Technical Shirt.

NOTE: You DO NOT have to participate in this program in order to participate in the marathon.

FOUR SIMPLE STEPS

- 1. REGISTER.** This is a separate registration from the marathon. Complete the attached form and fax it to **(410) 891-1998**, or mail it today.
- 2. SET A FUNDRAISING GOAL.** We suggest setting a minimum **\$100** goal, which would fund a supply of chemotherapy or transportation to a family support group. If your company has a matching gifts program, you may be able to double your fundraising success.
- 3. COLLECT CONTRIBUTIONS.** Use the sponsor form to ask family, friends, neighbors, co-workers, and others for donations. You are awarded prizes based on the dollar amount you turn in to The Leukemia & Lymphoma Society.*
- 4. SUBMIT CONTRIBUTIONS BY NOVEMBER 13TH.** Mail your collected contributions and sponsor sheet to **THE LEUKEMIA & LYMPHOMA SOCIETY, 11350 MCCORMICK ROAD, EXECUTIVE PLAZA III, SUITE 100, HUNT VALLEY, MD 21031** or feel free to deliver them in person to the **MARYLAND CHAPTER OFFICE.** *

* Your prizes will be mailed to you.

ABOUT THE LEUKEMIA & LYMPHOMA SOCIETY'S TEAM IN TRAINING PROGRAM


Team In Training is the world's largest and most successful sports training program for walkers, runners, cyclists, triathletes and hikers. Expert and dedicated coaches provide comprehensive training to participants whose goal it is to complete a marathon or half marathon, century ride, triathlon or hike adventure. Participants of all fitness levels train in honor of local leukemia and lymphoma survivors while raising funds for life-saving research and patient service programs. Join us as you prepare for your next event!



Frederick Running Festival
Frederick, MD – May 2010

Columbia Triathlon
Columbia, MD – May 2010

Rock 'n' Roll Marathon
San Diego, CA – May 2010

 **Zooma Annapolis Half Marathon**
Annapolis, MD – May 2010

America's Most Beautiful Bike Ride
Lake Tahoe, NV – June 2010

Yosemite National Park Hike
Yosemite Natl. Park, CA – June 2010

Mayor's Marathon & Half Marathon
Anchorage, AK – June 2010

 **Sprint Triathlon**
Columbia, MD – June 2010

FACTS ABOUT LEUKEMIA AND RELATED CANCERS

- Leukemia, lymphoma, and myeloma are related because they are all cancers of the body's blood-forming and immune systems.
- Leukemia is the #1 disease killer of children in the U.S.
- Leukemia & lymphoma are the leading causes of cancer deaths in men and women under 35 in the U.S.
- One American dies every ten minutes from a blood cancer.

THE LEUKEMIA & LYMPHOMA SOCIETY'S MISSION

Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.