



Dominick Oliviero

Nassau Coach

Dominick has completed many triathlons including a Lake Place Ironman last summer. He has been running over 20 years. He considers running his strongest sport and absolutely loves it. He has completed Marine Corps, Atlanta and NYC Marathons plus many Long Island Half Marathons. His greatest accomplishment was crossing the finish line with his family at the Ironman in Lake Placid. He loves motivating others to do their best. He looks forward to helping TNTers accomplish their goals.

Dominick lost his brother Maurice who was only 33 years to Lymphoma in 2001. Maurice will always be his inspiration. Many years ago when he went hiking in the Sierra Mountains in California with a group called Outward Bound, every morning his group started with an inspirational saying, which is still his favorite to this day is: Yesterday is ashes, Tomorrow is wood, And only today does the fire burn brightly.... Unknown Indian. In other words, live for today!!