

MENTOR FAQ

**Thank you for your interest in mentoring for The Leukemia & Lymphoma Society
Georgia Chapter!**

❖ **How do I apply to be a mentor?**

All Team In Training (TNT) alumni will receive an email approximately two months before the start of the next season with the details of our upcoming events and a mentor application. When you receive this email, fill out the attached application and email or fax it to Lauren Schilt at Lauren.Schilt@lls.org or 678-279-2059. Once you have filled out the application, plan to attend a mentor interest meeting at the TNT Office. You will get all the details on being a mentor at that meeting.

❖ **How are mentors selected?**

Following the mentor interest meeting, the TNT staff and coaches will go through the list of participants that have applied and choose alumni that have done a great job with both their fundraising and training. In addition, we look for people that have been very involved in their season, attended many of the group training sessions and excelled in their fundraising.

❖ **Can I only mentor for a sport if I have completed an event in the same sport?**

Yes. If you have only run a half marathon, you cannot mentor for the full marathon. You must have completed the event before you can mentor it.

❖ **What happens once I am selected as a mentor?**

Once you are a mentor, you will be responsible for attending one of the two scheduled mentor training meetings at the TNT Office. You will learn all of the mentor responsibilities for the upcoming season at the training meeting. You will also be responsible for the following items before the season begins:

- attend a mentor call night and helping the TNT staff call prospects to invite them to the upcoming kickoff meeting.
- attend 1-2 information meetings
- place a welcome call prior to kickoff to your mentees
- attend the kickoff meeting
- set up your fundraising website

❖ **What are my responsibilities at the group training sessions?**

We ask that all mentors attend a minimum of 75% of the group training sessions throughout the season and train with their mentees. In addition, the marathon/half marathon mentors are responsible for signing up to volunteer at four training sessions throughout the season and support the GTS Coordinator and Captain/CA with waterstop duty. The cycle and tri mentors will also be responsible for

assisting at group training sessions with level 1 riders, deck duty at swim trainings (for Tri mentors), sag support, course markings and training with level 1 participants.

❖ **What type of fundraising support am I required to give to the participants and how often am I expected to reach out to them?**

We ask that you contact your participants on a weekly basis through phone calls and emails to offer them fundraising support and answer any questions that come up along the way. In addition, we ask that you plan a minimum of one Mix & Mingle event with your mentees, such as a fundraising brainstorming party, breakfast after a training or a Friday night dinner. We also recommend that you plan group activities and buddy trainings with your mentees during the week.

❖ **How often am I expected to turn in reports to the TNT Office?**

We ask that you turn in a mentor log to your staff coordinator every other week, with updates on how your mentees are doing with their training and fundraising and any other important information that they often would need to know.

❖ **How much support am I required to give my mentees during the event weekend?**

We ask that you support your mentees during the event weekend, help calm their nerves and get them even more excited for their events. Mentors need to make themselves available to participants on event weekend including: prior, during and after the actual event.

❖ **What are the benefits of being a mentor?**

Mentors have a lot of added responsibilities during the season, so we recognize all of your hard work with great fundraising benefits. You can choose from the following two options:

1. Fundraise 70% of the participation minimum
2. Pay your own way to the event, including hotel, airfare, race entry, group transportation and apparel costs. For this option, you are required to fundraise \$250. A pasta and victory party ticket is included in your fundraising.